



**Proverbs 4:23 (NIV)**  
<sup>23</sup> Above all else, guard your **heart**, for everything you do flows from it.

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- Most people speak around 16,000 words in a day.

**Luke 6:43-45 (NLT)**  
**The Tree and Its Fruit**  
<sup>43</sup> "A good tree can't produce bad fruit, and a bad tree can't produce good fruit. <sup>44</sup> A tree is identified by its fruit. Figs are never gathered from thorn bushes, and grapes are not picked from bramble bushes. <sup>45</sup> A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your **heart**."

**James 3:2 (NLT)**  
<sup>2</sup> Indeed, we all make many mistakes. For if we could control our tongues, we would be perfect and could also control ourselves in every other way.

WE HAVE TO MANAGE OUR TONGUE BECAUSE...

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**Luke 6:45b (NLT)**  
<sup>45b</sup> What you say flows from what is in your heart.

**James 3:9-10 (NLT)**  
<sup>9</sup> Sometimes it praises our Lord and Father, and sometimes it curses those who have been made in the image of God. <sup>10</sup> And so blessing and cursing come pouring out of the same mouth. Surely, my brothers and sisters, this is not right!

**Luke 6:45b (NLT)**  
<sup>45b</sup> What you say flows from what is in your heart.

WE HAVE TO MANAGE OUR TONGUE BECAUSE...

1. IT REVEALS OUR HEART

**James 3:3-5 (NLT)**

<sup>3</sup>We can make a large horse go wherever we want by means of a small bit in its mouth. <sup>4</sup>And a small rudder makes a huge ship turn wherever the pilot chooses to go, even though the winds are strong. <sup>5</sup>In the same way, the tongue is a small thing that makes grand speeches.

WE HAVE TO MANAGE OUR TONGUE BECAUSE...

1. IT REVEALS OUR HEART
2. IT CONTROLS OUR DIRECTION IN LIFE

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**James 3:5b-6 (NLT)**

<sup>5b</sup>But a tiny spark can set a great forest on fire. <sup>6</sup>And among all the parts of the body, the tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire, for it is set on fire by hell itself.

**James 3:7-8 (NLT)**

<sup>7</sup>People can tame all kinds of animals, birds, reptiles, and fish, <sup>8</sup>but no one can tame the tongue. It is restless and evil, full of deadly poison.

HOW TO WIN THE BATTLE WITH YOUR TONGUE...

1. KNOW YOUR BIBLE



**2 Timothy 3:16-17 (NLT)**

<sup>16</sup> All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. <sup>17</sup> God uses it to prepare and equip his people to do every good work.

## HOW TO WIN THE BATTLE WITH YOUR TONGUE...

1. KNOW YOUR BIBLE
2. KNOW YOUR HEART

**Psalms 139:23-24 (NLT)**

<sup>23</sup> Search me, O God, and know my heart; test me and know my anxious thoughts. <sup>24</sup> Point out anything in me that offends you, and lead me along the path of everlasting life.

## HOW TO WIN THE BATTLE WITH YOUR TONGUE...

1. KNOW YOUR BIBLE
2. KNOW YOUR HEART
3. KNOW YOUR TONGUE

**James 1:19 (NLT)**

<sup>19</sup> Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

## HOW TO WIN THE BATTLE WITH YOUR TONGUE...

1. KNOW YOUR BIBLE
2. KNOW YOUR HEART
3. KNOW YOUR TONGUE

IS GOD IN CONTROL OF MY TONGUE?

